

Ellie and Her Emotional Dragons



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860-917-5157

www.josephgoodrich.com

josephgoodrich@gmail.com



Joseph Goodrich

About the Author

Joseph Goodrich is a pilot in the Marine Corps, a husband, a dad, and now an author! In his writing and personal life, he strives to help kids, including his own, understand and manage their emotions through storytelling. With a B.A. from Tufts University, an M.S. from the University of Maryland University College, an M.Ed. from the University of Massachusetts Boston, and an Ed.D. from Northeastern University, Joseph approaches the world of children's literature with rich psychological insight. In *Ellie and Her Emotional Dragons*, his first children's book, Joseph delicately conveys lessons of empathy and emotional intelligence to young readers in a playful and approachable way. He currently lives on Long Island, New York with his family and two dogs.

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Synopsis

Ellie the elephant and her parents have just moved, an experience that makes Ellie feel scared, sad, and sometimes even angry. Luckily, Ellie has the friendship and guidance of four magical friends, her emotional dragons! Together, the dragons know just what to say when Ellie's feelings bring her down!

Ellie and Her Emotional Dragons presents delightful characters whose loving approach to emotional intelligence will teach kids empathy, help them understand their own emotions, and provide them with strategies to get through difficult moments.



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Page Excerpts





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Contact Joseph Goodrich for booking and information at
www.josephgoodrich.com • 860-917-5157 • josephgoodrich@gmail.com